

## **Frequently Asked Questions**

### **General Topics**

#### **How long have naturopathic doctors (NDs) been licensed in California?**

California issued its first ND licenses in January 2005.

#### **Is naturopathic a new form of treatment?**

No. Naturopathic care has been used for decades in the United States and abroad. Some states have licensed naturopathic doctors since the early 1900s.

#### **Will my health insurance pay for licensed naturopathic care?**

Maybe. More and more insurance companies are covering naturopathic care. Check with your health insurance provider to be sure. In some cases, you may have to pay for naturopathic services, then submit a claim to your insurance company.

#### **Can I be treated by a naturopathic doctor and by a medical doctor?**

Yes, but you should inform both doctors for integrated care.

#### **What conditions can a naturopathic doctor treat?**

Naturopathic doctors are primary care providers. They are trained and licensed to diagnose and treat conditions and diseases. They can also provide adjunctive treatment for cancer in collaboration with your medical doctor.

#### **Where can I get more information on treatment by naturopathic doctors?**

See *A Consumer's Guide to Naturopathic Medicine*, available on this Web site at [http://www.naturopathic.ca.gov/formspubs/brochure\\_guide.pdf](http://www.naturopathic.ca.gov/formspubs/brochure_guide.pdf).

Call the Department of Consumer Affairs' Publications hotline at (866) 320-8652 and they will mail a copy to you.