



Naturopathic Medicine Committee Formulary Sub-Committee

Meeting Minutes

July 29, 2013

**COMMITTEE
MEMBERS
PRESENT:** Koren Barrett, ND
Michael Hirt, MD
Peter Koshland, Pharm D.

**COMMITTEE
MEMBERS
ABSENT:**

**STAFF
PRESENT:** Spencer Walker, Legal Counsel
Francine Davies, Interim Executive Officer (Int. EO)

1. Welcome & Call to Order

The meeting was called to order at 12:00 Noon.

2. Establishment of a Quorum

Roll Call was taken and a quorum was declared.

3. Introductions

The Sub-Committee Members introduced themselves , as did the Committee's legal; counsel, Spencer Walker, and Francine Davies, Interim Executive Officer.

4. Election of Formulary Chair

Dr. Barrett was elected Sub-Committee Chair.

5. Discussion: Update Recommendations in the "Prescribing and Furnishing Authority of a Naturopathic Doctor" Report to the Legislature

Francine walked the sub-committee members through the existing "Formulary Committee Findings and Recommendations" document. Recommendation (Rec) #1 has already been addressed via legislation; Rec #2 was not a pressing issue for naturopathic practice and could be addressed later; Rec #3 has been addressed via legislation; leaving Rec #4 through #6. Rec #4 has been, for the most part, been

addressed in IV legislation (I. thru IV.), leaving V. (Chelating Substances): NDs under MD/DO supervision can prescribe and furnish oral and suppository chelating substances, but cannot current administer them such as in IVs. Rec #5 has been addressed somewhat in legislation excluding the use of EDTA.

Dr. Barrett stated that states who have a formulary have one of two types: either inclusionary or exclusionary. Inclusionary formularies are a list developed by the jurisdiction (Oregon, for example) that must be reviewed, updated, and adopted by law or regulation on a regular basis. Exclusionary formularies, such as those adopted by Washington and Arizona, exclude certain classes of drugs as well as individual drugs. California has a hybrid – exclusionary in that they cannot prescribe Sch I & II drugs under any circumstances, and they can prescribe all other drugs under an MD/DO supervision agreement.

Dr. Barrett and Dr. Hirt each stated that an exclusionary formulary would work better for an ND practice than an inclusionary one. Peter Koshland also stated an exclusionary list would be easier to manage as NDs would be able to use newer drugs more quickly in their practice.

Dr. Barrett will provide Francine with a copy of formularies from other states to distribute to the other sub-committee members. Francine stated that the information was available on the AANP (American Association of Naturopathic Physicians) web site.

6. Public Comment

Dr. Minna Yoon stated she would provide Dr. Barrett with the states formulary information as she is chair of the association's legislative committee.

7. Establish Future Meetings and Locations

The next meeting is scheduled for Monday, August 12, 2013 at 12:00 Noon.

8. Agenda Items for Future Meetings

Continue discussion of exclusionary formulary.

9. Adjournment

The meeting was adjourned at 12:28 p.m.