



## **Naturopathic Medicine Committee Formulary Sub-Committee**

### **Meeting Minutes**

**August 12, 2013**

**COMMITTEE MEMBERS PRESENT:** Koren Barrett, ND  
Michael Hirt, MD  
Peter Koshland, Pharm D.

**COMMITTEE MEMBERS ABSENT:**

**STAFF PRESENT:** Spencer Walker, Legal Counsel  
Rebecca Mitchell, Interim Executive Officer

#### **1. Welcome & Call to Order**

The meeting was called to order at 12:00 Noon.

#### **2. Establishment of a Quorum**

Roll Call was taken and a quorum was declared.

#### **3. Introductions**

The Sub-Committee Members introduced themselves, as did the Committee's legal counsel, Spencer Walker, and Rebecca Mitchell, Interim Executive Officer.

#### **4. Approval of July 29, 2013 Minutes**

Motion to approve minutes was made by Dr. Barrett; S – Koshland. Motion was passed unanimously to approve the minutes as submitted.

#### **5. Discussion: Update Recommendations in the “Prescribing and Furnishing Authority of a Naturopathic Doctor” Report to the Legislature**

Dr. Barrett stated that states that have a formulary have one of two types: either inclusionary or exclusionary. Inclusionary formularies are a list developed by the jurisdiction (Oregon, for example) that must be reviewed, updated, and adopted by law or regulation on a regular basis. Exclusionary formularies, such as those adopted by

Washington and Arizona, exclude certain classes of drugs as well as individual drugs. California has a hybrid – exclusionary in that they cannot prescribe Schedule I & II drugs under any circumstances, and they can prescribe all other drugs under an MD/DO supervision agreement. Dr. Barrett stated that it makes more sense to allow NDs to prescribe and furnish certain medications, which are known as standard of practice within a family practice/primary care setting.

Dr. Barrett and Dr. Hirt each stated that an exclusionary formulary would work better for an ND practice than an inclusionary one.

Peter Koshland requested to know what the general training in pharmacy courses were and what the course curriculum covered within the naturopathic colleges. Dr. Barrett stated that she would get the information on the general training curriculum for comparison with other medical colleges. Prior NMC Interim Executive Officer, Francine Davies, stated that over the last five (5) years, naturopathic colleges increased the hours of Pharmacology to 50-60 hours from 45 hours.

Dr. Barrett requested to know the status of the California Naturopathic Doctors Association (CNDA), finding a lobbyist to carry new legislation regarding the practice of NDs. She also asked if there was a possibility of the association researching the language based on laws in other states on the Scope of Practice vs. training and prescribing.

#### **6. Public Comment**

Dr. Minna Yoon, Chair - CNDA's legislative committee, stated that the association is currently researching other ND licensing states and their laws. She also stated that CNDA is considering carrying a new bill in 2014, and went on to state that the association relies heavily on the US Formulary Committee findings to report to the legislature.

#### **7. Establish Future Meetings and Locations**

It was requested that the next meeting take place prior to the end of the year, possibly November 2013.

#### **8. Agenda Items for Future Meetings**

Continue discussion of exclusionary formulary.

#### **9. Adjournment**

The meeting was adjourned at 12:35 p.m.