



Naturopathic Medicine Committee

Meeting Minutes

August 30, 2021

MEMBERS PRESENT: Dara Thompson, ND, Chair
Greta D'Amico, ND, Vice Chair
Minna Yoon, ND
Vera Singleton, ND
Bruce Davidson, PhD
Shirley Worrels

MEMBERS ABSENT: T. Gregory Quinn, MD

STAFF PRESENT: Rebecca Mitchell, Executive Officer (EO)
Sabina Knight, Esq., Program Legal Counsel, Legal Unit DCA
Michael, Kanotz, Esq., Program Legal Counsel, Legal Unit DCA
Ann Fisher, Moderator, SOLID, DCA
Elizabeth Coronel, Co-Moderator, DCA
Raquel Oden, Program Analyst, NMC

MEMBERS OF THE AUDIENCE: None

Agenda Item 1 Call to Order/Roll Call/Establishment of a Quorum

Dara Thompson, ND, Chair, Naturopathic Medicine Committee (NMC), called the meeting of the NMC to order on August 30, 2021, at 9:00 a.m. A quorum was present and due notice was provided to all interested parties.

Agenda Item 2 Public Comment

There were no public comments for any items not on the agenda to discuss.

Agenda Item 3 Regulations Package Update on AB 2138 Substantial Relationship and Rehabilitation Criteria: Title 16 California Code of Regulations (CCR) sections 4256, 4258. And 4259

EO Mitchell reported that the AB 2138 Substantial Relationship and Rehabilitation Criteria regulations package, which made changes to Title 16 of the California Code of Regulations, sections 4256, 4258, and 4259, was approved by the office of Administrative Law pursuant to section 11349.3 of the Government code, effective on August 4, 2021. A copy of the approved package can be found on the Committee’s website under the approved regulations section.

Agenda Item 4 Discussion and Possible Action on IV and Advanced Injection Therapy Requirements: Title 16 CCR sections 4237.1, 4237.2, 4237.3, and 4237.4

Prior to the meeting, committee members requested for some items to be reviewed and clarified, amended, or added.

Section 4237.1 – These proposed regulatory changes do not apply to basic intramuscular, intradermal, or subcutaneous injections of medications and nutrients (such as administering a B12 shot), which are part of the basic medical training of all naturopathic doctors.

A change should be considered for the language in Section 4237.1(b) - Currently the language calls for recertification once every 5 years. However, the current renewal period occurs once every 2 years. Requiring a recertification every 5 years would put an undue burden on licensees since it isn’t in line with the current continuing education (CE) cycle. It is recommended to change the requirement to either a 4 or 6-year recertification period. At this time the committee members are suggesting making a 6-year recertification requirement.

Further, in Sections 4237.1(a), 4237.2, and 4237.2(a) (these are sections using the term “*injection therapies*”), the suggestion was made to change to “advanced or specialized injection therapies” for clarification.

Finally, it was suggested that for the safe and effective administration of IV and Advanced Therapies, that NDs should be allowed to independently administer IV diphenhydramine. This is currently allowed for NDs providing the COVID-19 vaccination independently under Governor Newsom’s waiver. Since this cannot be gained in a regulatory change, EO Mitchell suggested that the Committee request this amendment during the Oversight (sunset) Review process.

During the discussion for this agenda item, although the proposed text was already approved by the Committee at a prior meeting, several NDs were concerned about the need for IV certification for injections. The IV and Advanced Therapy subcommittee members shared that the reason for the proposed requirements came from the suggestion of the San Diego Attorney General's Office. Any advanced injections need additional training separate from that of what is provided in naturopathic medical schools. Due to the amount of concern from both committee members and licensees, it was decided to table the agenda item and reconvene the IV and Advanced Therapy Subcommittee and amend the proposed text before moving forward.

Agenda Item 5 Future Agenda Items and Next Meeting Dates

Items for future agenda:

- IVT Regulations
- Oversight (Sunset) Review

The next meeting date will be scheduled by sending out a doodle poll. There is a meeting scheduled for 10/5/2021 to go over the Oversight (Sunset) Review.

Agenda Item 6 Adjournment

There being no further business or public comment, Dr. Thompson adjourned the meeting at 10:44 a.m.